

SUMMARY

- This project at the ASEAN Institute of Health Development (AIHD) is designed to enhance the understanding of health delivery systems and management at community, district, and provincial levels of Thailand.
- This experience allows students to visit hospitals, organizations, and villages in different provinces.
- Practical training and field studies on topics such as health promotion, antenatal care, non-communicable disease management, child development, primary care, and health delivery systems.

LEARNING OBJECTIVES

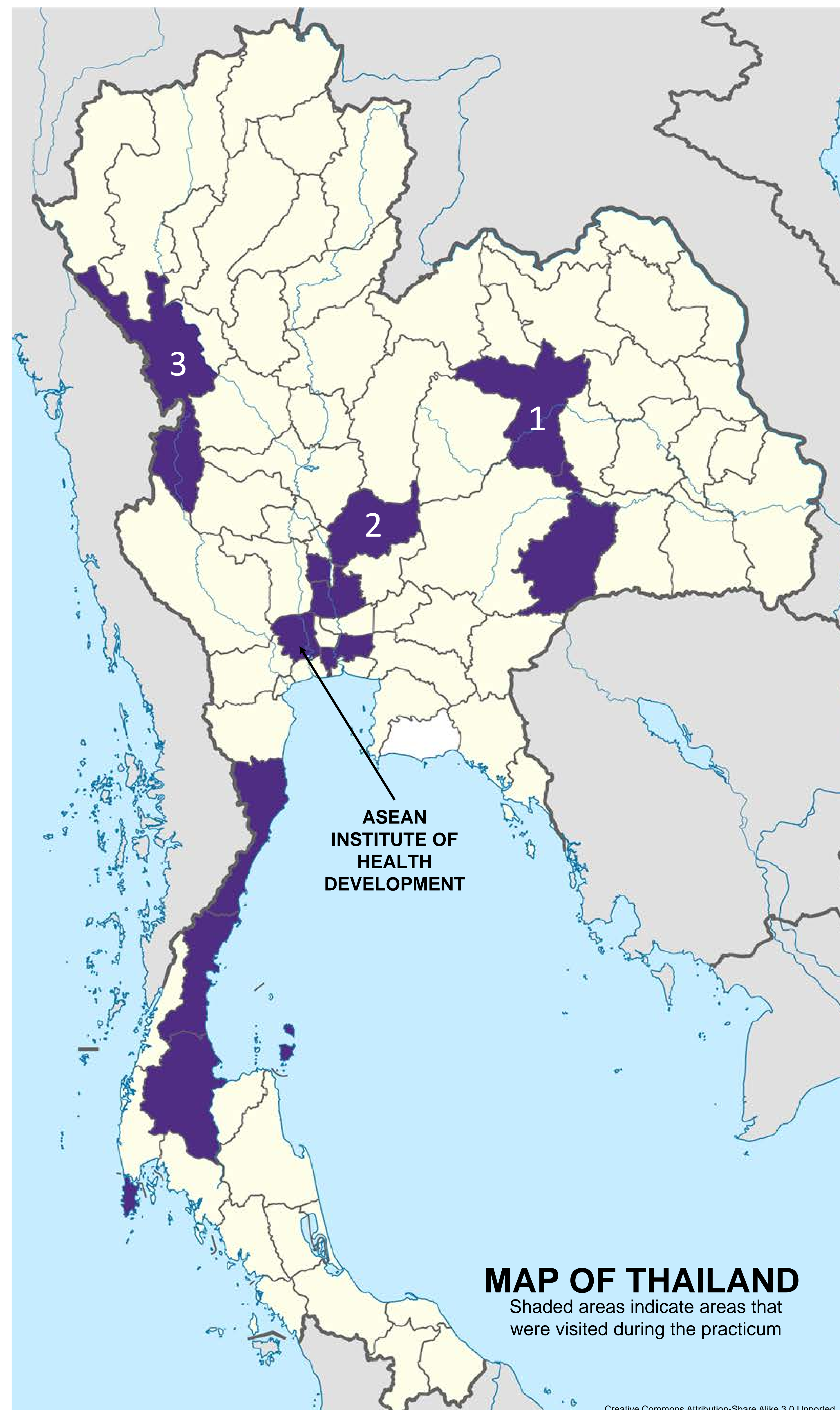
- Enhance knowledge on disease prevention, health promotion and the Thai healthcare system.
- Improve written and oral communication skills by summarizing and presenting findings at an international conference.
- Work collaboratively with AIHD team (and other stakeholders) and enhance understanding/knowledge regarding the importance of cultural competence.

DELIVERABLES

- Scientific publication in a peer-reviewed journal
- Oral presentation at the 10th International Graduate Students Conference on Population and Public Health Sciences (IGSCPP) in Bangkok
- Miscellaneous site visit tasks

ACKNOWLEDGEMENTS

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ACTIVITIES

- 1 Khon Kaen, Ubonrat Hospital**
 - Community-based health promotion project
 - Medical rounds: shadowed doctors and nurses
 - Sustainable farming conference
 - Village tour/Practical dengue control activities
 - Mindfulness Project: meditation/yoga/Buddhist teaching/natural building
- 2 Lopburi, Tha Wung Hospital**
 - Long term care policy and village visits
 - Intermediate care shadowing
 - Rural early childhood education programs
- 3 Tak, Umphang Hospital**
 - Inpatient, outpatient, & ER department shadowing
 - Antenatal care and diabetes clinic
 - Child development testing
 - Mobile health clinics (Myanmar border)

DOUBLE BURDEN OF MALNUTRITION

The double burden of malnutrition is characterized by the coexistence of **undernutrition** along with **overnutrition** within individuals, households, populations, or across the life course.

- Use nationally representative anthropometric data to document the prevalence of **stunted-overweight** among children under-five in Thailand.
- Identify the associated determinants of **stunting**, **overweight**, and **stunted-overweight** in Thai children under the age of five.

